



Are you a new parent?

Has your child hit the 'Terrific Twos' or the  
'Tremendous Teens'??

Do you need guidance in parenting?

## **Parent Effectiveness Training (P.E.T.) CAN HELP!**

Attend this certified course and watch your relationships with your children CHANGE for the better.

### **Why attend a PET class?**

- \* builds relationships between parents and children
- \* focuses on mutual respect
- \* teaches effective communication and active listening skills
- \* fosters peaceful family living
- \* teaches appropriate consequences
- \* decreases conflict
- \* helps parents raise responsible, respectable kids using easy-to-learn and effective tools

*P.E.T. has completely changed my life. I realize now just how ineffective my parenting skills really were. Also, how ineffective most parents are when communicating with their children. When I was about half way through the course, I told my husband that this was the first time I'd ever seen anything on parenting where it just felt RIGHT. I cannot express to you enough what the feeling was like. I actually said aloud, "WOW! This is how I want to raise my kids!" Everything I had done before reading this book was because someone had told me that's what I SHOULD be doing. Nothing I tried ever worked, until now.*

- Aimee R.

Reserve your spot now! Register today!

### **8-week Course**

Early bird registration (before February 28) just \$299 single; couple \$549

After March 1, single \$399; couple \$749

April 8 - May 27, Thursday evenings

April 24 - June 5, Saturday mornings

May 5 - June 23, Wednesday evenings

### **3-class Crash Course**

Early bird registration (before February 28) just \$149 single; couple \$249

After March 1, \$199 single; couple \$349

Dates TBA, taking names for the wait list

Location: The Family Zone, 4703-15A ave., Edmonton, or alternate location TBA

Courses offered in and around all areas of the city. Have a group and a location in mind? Call Sue @780.490.1048 or visit us at: [www.stuff4families.com](http://www.stuff4families.com)

**INVEST in your kids and in your parenting skills. It will be one of the best decisions you will ever make.**

