

☺☺ The Family Zone ☺☺

My Motto

It's never about the stuff ... it's always about the relationship.



Welcome!

Do you ever wonder what you could do to make things better between you and your kids? Or how to talk so your kids will listen to you? Or how to instill respect? I think about things like this all the time ... especially when things aren't going so well between me and my kids.

I wanted to know how to build strong relationships with my kids, how to listen and communicate effectively. I wondered how to get my needs and their needs met, that is, if it is even possible to get both our needs met!

Fifteen years ago I came across a parenting course that sounded 'too good to be true'. I decided to register my husband and myself for this course. I was really wondering if this was going to be a waste of my money and time or if there really was something there ...

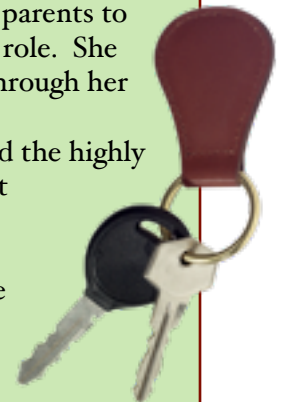
Over the course of the 8 weeks I 'had my eyes opened'. I learned so much about what I was doing that was ineffective, what I could do to make things more effective and learned how to really listen.

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Relationship Building

Sue is an expert in her field. She has years of experience as a teacher, leader, speaker and supporter of strong, cohesive parent-child relationships. Her unique ability to truly listen to and connect with people is her special gift that fosters understanding, education and growth. Her unfailing belief in parents is evident in her passion to help them make a positive difference in the lives of their children.

Sue inspires parents to succeed in their role. She offers support through her books, speaking engagements and the highly impactful Parent Effectiveness Training (P.E.T.) parenting course that she facilitates.



Do you have a question?

Would like more info?

Call Sue at 780-490-1048 or visit her website.



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Most importantly, I was given the opportunity throughout the course to practice these skills, receive tons of great feedback and get lots of support.

By the end of the course, I was forever changed. I learned tools and strategies that I have kept ever since and used throughout my life in all my relationships, especially with my kids. I have always believed that one of my life purposes is to connect with my kids, to make a positive difference in their lives and to raise them to be independent, responsible, respectable, kind and caring individuals.

The photo here is of my kids and do you know what? It's working! They are turning out how I envisioned them to be and my role, my goal, my mission, is being fulfilled. Yes, we still have challenges and disagreements but I have been able to use the tools and strategies from that parenting course long ago to make a positive impact and build a wonderful relationship with each of my children. My oldest (right) right through to my youngest are amazing young people and I am so thankful that I

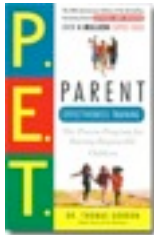
had a chance to learn the skills to be the best parent I can be.

It's never about the stuff... it's always about the relationship.

Sue



PARENT EFFECTIVENESS TRAINING (TM) - P.E.T.



As a result of my success with my kids (so far!), I decided to become an Instructor for this course, to be able to share with other parents this amazing program - a program that *really works*. Fifteen years of experience has proven this to me, although I saw results right away.

Things were changing within the first couple of weeks into the course, and that was reassuring.

If you have a child going through the 'terrific twos' or through the 'tremendous teens', this is a program for you.

If you are on the right track but want to make sure things stay that way, this is a program for you.

If you think it's too late for you and there's no hope for you and your child, this is a program for you. It's *never* too late to make positive change. If you would like more information on this

transformational relationship course, please contact me. Courses are starting up in the new year **with significant early bird savings until December 31!** Please visit the links below for more info, parent testimonials and to register:

<http://www.stuff4families.com/info/PETbrochure2010dates.pdf>

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Please forward this information to others who you feel may be interested.

I hope to see you at an upcoming P.E.T. course!

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Next newsletter: *Tips for building relationships with teens!*